

TEACHER PACK:

EXTRA RESOURCES TO USE

WHAT'S INCLUDED IN THIS MODULE?

- **Lesson Plan & Discussion topics**
 - Ways to explore and reflect on the content and concepts of the module.
 - Ways to engage with them about their personal experiences and opinions around the topic.
- **Extra Resources For Teacher**
 - Additional videos to illustrate the concepts covered in this module.
- **Quiz for learners**
 - Assessing if they understood the content and concepts of the module.
This can be found after all the videos have been watched in the lesson.

REAL CASE STUDY EXERCISE:

Teachers are well aware that it's useful (and rewarding) for kids to work it out themselves. But they need **practice**. Ideally we need them to practice the ability to:

1. Pause and re-think another approach
2. Ask more questions about the situation or person
3. Ask how a particular situation might end up if they choose to respond badly
4. Look at a situation from a completely different angle

To do this, it's great to unpack a real (or imagined scenario is also ok) in which a student shares a difficult situation online where it ended up negatively for them. We need to get kids to work through how things could play out differently, and what it would take for them to ensure a different outcome. Ask them what questions they would need to ask to check their beliefs about what they had seen or read - could there be any other reason for why they had reacted in this way, or why somebody had put this video or text out there on messaging, social media.



**HELPFUL LINKS TO AWESOME VIDEOS TO SHOW
THE CLASS, ON THE NEXT PAGE >>**

EXERCISES AND HELPFUL LINKS!

To see something from someone else's perspective requires empathy. You don't always know what someone else is going through:

- [Empathy can change the world](#)

To be able to take a pause, we need to catch our thoughts and feelings – they are thoughts, and not always facts:

- <https://www.youtube.com/watch?v=0QXmmP4psbA>

Why do we not pay attention to the mistakes we make?

- <https://www.youtube.com/watch?v=vQxTUQhVbg4>

How to spot fake news:

- <https://youtu.be/AkwWcHekMdo>

How to check if a photo is a fake, or to find out where it comes from:

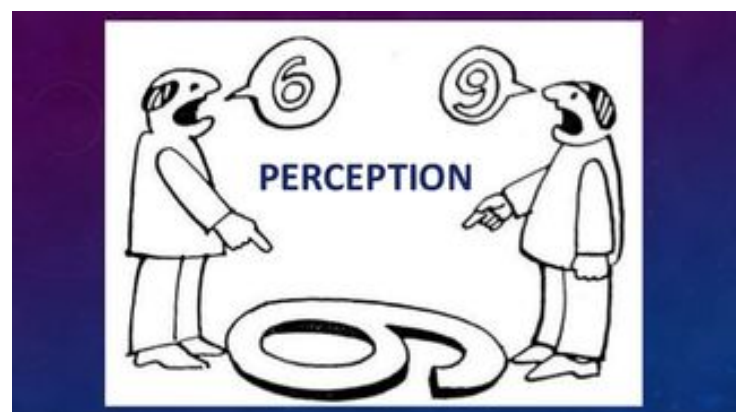
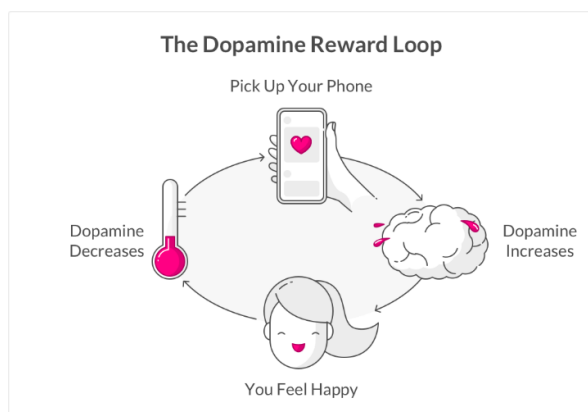
- <https://www.youtube.com/watch?v=opc7aMJszng>

Best app to develop mindfulness and create space to think clearly:
Headspace App on Android and iOS

A 14 year old teaches us about Fake News in an era of social media:

- <https://www.youtube.com/watch?v=YDxGZIW8Z74>

Some images below:



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FOR QUERIES

ENJOY!

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